

# Mansfield and Ashfield Carer Support Group

**This is a group for people who support/care for someone with mental ill-health experiences.**

**The group offers education, information, support and the opportunity to meet others with similar experiences.**

**The group meets from 1.00pm to 3.00pm on the second Wednesday of each month**

**14th January 2015**

**11th February 2015**

**11th March 2015**

**8th April 2015**

**13th May 2015**

**10th June 2015**

**8th July 2015**

**12th August 2015**

**9th September 2015**

**14th October 2015**

**The group meets at:  
St Peter's Church  
Mansfield  
Nottinghamshire  
NG18 1AP**

*Everybody cares for somebody, let us care for you!*