

Useful Numbers

Macmillan CAB Benefits Adviser
01909 485656 (Ex Directory).

Bassetlaw Hospice
01777 863270

Specialist Palliative Care Consultant
Dr Maurice Fernando
via Bassetlaw Hospital 01909
500990
Ext. 2981.



Nottinghamshire Healthcare 
NHS Foundation Trust

Community Macmillan
Specialist Palliative Care
Nurse Service



Nottinghamshire Healthcare 
NHS Foundation Trust

Referral Guidance for
Health Care Professionals

COMMUNITY MACMILLAN NURSE CLINICAL NURSE SPECIALIST TEAM

Retford Hospital
North Road
Retford
Notts.. DN22 7XF

Telephone contact via Single Point of Access
01777 274422

Palliative Care

Palliative Care is the active Holistic care of patients with advanced progressive illness. The goal of palliative care is achievement of the best quality of life for patients and their families. (NICE 2004)

Generalist Palliative Care

This care should be provided by all health professionals in primary or secondary care, within the limits of their knowledge, skills and competence to patients with life limiting illness.

Specialist Palliative Care

This care is provided at expert level, by specialist multi-professional team in order to manage persisting, severe or complex problems. The team also provides specialist education and practical resources to other non-specialist members of the primary care team.

The Community Macmillan Specialist Palliative Care Nurses work closely with the Palliative Medicine Consultant and Hospice services.

What the service offers

The service is offered to patients in both community and care home settings and provides different levels of intervention dependant on the patient needs:

Level 1

Signposting, education or telephone advice / support for professionals. This may be a one-off discussion relating to patient care on an ad-hoc basis, or a more formal request for advice and/or support.

Level 2

Support and education for generalist staff that could be a one off review at a home visit for a specific need such as symptom control issue. The intervention requires specialist level of knowledge /skill but is easily resolved during a single consultation.

Level 3

Short term specialist Management for complex needs needing several interventions form CNS. Complex problems may involve physical, psychological or social. Issues. Care may be shared with other healthcare teams involving face to face or telephone updates.

Level 4

Complex needs with on going specialist involvement. May involve assessment and management of multiple problems which may reflect patients with rapidly changing disease status, additional health problems and or challenging family dynamics.

Referrals

Who can make a referral/

A referral can be made by any Health and Social care professional.

Why should a referral be made?

A referral to the Community Specialist Palliative Care Team should be considered for any patient with a life limiting illness, who has complex needs and/or who's level of need is considered beyond the scope of the current caring team. To support clinical staff the following guidance should apply to all patients referred :

- The patient has active, progressive or advanced disease and the focus of care is quality of life.
- Palliative care needs may be physical, psychological, or social and not based on diagnosis or prognosis.

How can a referral be made?

- By faxing a Specialist Palliative Care referral form to Single Point of Access (SPA) on 01777 709332
- Telephone referral to SPA on 01777 274422