

positive

Nottinghamshire Healthcare **NHS**

NHS Trust

Positive about integrated healthcare



Epilepsy and Intellectual Disability
Having an EEG



1 An EEG (encephalogram) is a test that records the electrical activity in your brain.



2 An EEG may help your doctor to understand more about your epilepsy and how best to treat it.



3 The EEG test is done in hospital.



4 You can bring someone with you for support.



5 An EEG test takes about half an hour.



7 The technician sticks the leads to your head with paste and tape.



6 The technician measures your head and marks it with a soft crayon to make sure the leads go in the right place.



8 Having an EEG doesn't hurt.



9 The technician will ask you to lie on the bed.



11 When the test is finished the leads are removed and you can go home.



10 You might be asked to breathe in and out quickly. You may be asked to look at some flashing lights.



12 The doctor will explain the results at your next hospital clinic appointment.

Booklets and films available:



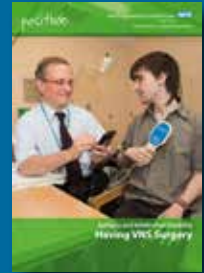
**Having an
MRI Scan**



**Having an
EEG**



**Having Video
Telemetry**



**Having VNS
Surgery**



**Transition into
Adult Services**



**Living Well with
Epilepsy**



**About Our
Service**

For more information contact:

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