

positive

Nottinghamshire Healthcare **NHS**

NHS Trust

*Positive about integrated healthcare*



Epilepsy and Intellectual Disability  
**Transition into Adult Services**



**1** The move from the children's to the adult's epilepsy service is a good time to review your epilepsy and general health.



**3** The adult epilepsy team will visit you at school where you will feel more comfortable meeting new people for the first time.



**2** The move to adult services is called transition. You might feel anxious or worried about this.



**4** You will be supported at the meeting by your family and people who know you well.



**5** The adult epilepsy team has doctors and nurses with expertise in treating epilepsies in teenagers and adults with intellectual disabilities.



**7** We want to hear about your hopes and aspirations for the future. This helps to plan the right services for you when you leave school.



**6** We want to know how your epilepsy affects you. We will ask about your health and what support you need to keep well.



**8** We will visit you in your classroom with your teacher. This will help us to get to know you better.



**9** Once we have met you at school, we will invite you to our adult epilepsy and intellectual disability clinic.



**11** We want to make sure you are happy about moving from the children's to the adult's epilepsy service.



**10** We will make sure you know what to expect when you come to the adult epilepsy clinic for the first time.



**12** A well planned transition can improve health, education and social opportunities for young people.

## Booklets and films available:



**Having an  
MRI Scan**



**Having an  
EEG**



**Having Video  
Telemetry**



**Having VNS  
Surgery**



**Transition into  
Adult Services**



**Living Well with  
Epilepsy**



**About Our  
Service**

## For more information contact:

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