



## Welcome

### Hello and welcome to the first NICE News of 2016.

The NICE team has seen a few changes recently. Matt has moved onto pastures new and has been replaced with two new 'NICE Supports' — Jaki Platt and Mohammad Gibreya Miah, who will be sharing the post. Jaki and Mohammad are currently getting their heads around the large amount of new guidance NICE have published lately.

For more information on this new guidance see below...



Left to right: Jaki Platt (NICE Support, Pauline Adams (NICE Lead) and Mohammad Miah (NICE Support)

### NICE publish new guideline on care of the dying adult

NICE has published its first guideline on improving care for people who are in their last days of life. The guideline aims to put the dying person at the heart of decisions about their care, so that they can be supported in their final days in accordance with their wishes.

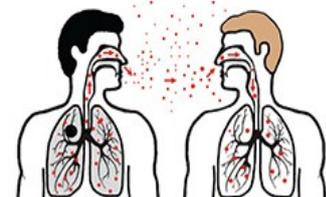
For more information, click [HERE](#).



### Updated tuberculosis guideline published

NICE have updated the tuberculosis (TB) guideline which calls for greater education and prevention to help target people from socially deprived backgrounds who are most vulnerable to contracting the infection.

For more information, click [HERE](#).



### NICE update guideline on Type 2 diabetes in adults



**Ensure people with type 2 diabetes are involved in decisions about their care!!!**

Healthcare professionals should involve people with type 2 diabetes in decisions about their care such as managing blood glucose levels, NICE says. For more information, click [HERE](#).

#### Keeping your fingers on the pulse!

Subscribe to the NICE e-Newsletter - Register here, [Link](#) or contact Jaki Platt or Mohammad Miah to register to receive the LS NICE Newsletter directly.

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## NICE issue quality standard on challenging behaviour in learning disabilities

Challenging behaviour is used in this quality standard to indicate that although such behaviour is a challenge to services, family members and carers, it may serve a purpose for the person with a learning disability.

For more information, click [here](#)



## NICE publish guideline on Vitamin D: increasing supplement use in at-risk groups

Millions of people are at risk of low vitamin D, need better access to supplements to protect health, says NICE. Around 1 in 5 adults, and around 1 in 6 children, may have low vitamin D status – an estimated 10 million people across England.

For more information, click [here](#)

## New quality standard on Bipolar disorder, psychosis and schizophrenia in children and young people

Bipolar disorder and schizophrenia are potentially lifelong and disabling conditions. However there is often a substantial delay between onset and first contact with mental health services for children and young people.

For more information, click [here](#)

## NICE publish new guidance on Children's attachment

This guideline covers the identification, assessment and treatment of attachment difficulties in children and young people up to age 18 who are adopted from care, in special guardianship, looked after by local authorities in foster homes (including kinship foster care), residential units and other accommodation, or on the edge of care. It aims to address the many emotional and psychological needs of children and young people in these situations, including those resulting from maltreatment.

For more information, click [here](#)



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## Divisional NICE re-audit on Dementia shows improvement

The re-audit was conducted to assess compliance with recommendations in NICE Clinical Guideline 42: Dementia and to see if service improvements had been made following the first audit in 2013. The audit focused on the assessment process, non-pharmacological interventions and clinical management.

Results indicate that the service is mainly compliant with NICE guidance and has highlighted many areas of good practice. The provision of psychological input was demonstrated in the vast majority of cases and the apparent omissions are explicable by the timing of the admission. The audit has found a marked improvement in the establishment of factors that may generate, aggravate or improve behaviour that challenges since the original audit in 2012.

The audit showed that compliance with the factors that generate, aggravate or improve behaviour that challenges which should be included in the assessment was high, being between 95% - 100% in nearly all cases. Discussion around spiritual identity was the exception at 15%. However, this is not considered to be a problem as discussion on religious beliefs and cultural identity is clearly taking place.

The Division is not commissioned to provide formal psychological therapy to carers of people with dementia. However, carers needing this intervention are signposted to IAPT and other places.

The audit has showed that the new assistant psychology role is working well. This provision is ensuring that explicit consideration of the multiplicity of factors underpinning clinical presentations is taking place and is available to the clinical team.



To read the full audit report, click [here](#)

## Divisional NICE audit on advance statements shows that take up is low

Advance statements are a way for service-users to set out their wishes and preferences about care and treatment for a time in the future when they may be unable to make those wishes known. Advance statements or decisions can be both written or verbal. NICE guidance recommends that clinicians encourage people with mental health conditions to develop an advance statement while their condition is stable. This audit was conducted to assess compliance with recommendations on the development of advance statements that are contained in several NICE guidelines.

Audit results highlighted a disappointingly low uptake of advance statements in the Local Services Division. Only 3% of the original sample had taken the opportunity to develop an advance statement or advance decision. However it should be noted that poor take-up of advance statements does not reflect lack of compliance with NICE guidance. NICE recommendations suggest that healthcare professionals encourage service-users or work collaboratively with them to write an advance statement. It is clear from discussions held with care co-ordinators identified through this audit that service-users are being encouraged to develop advance statements at an appropriate time in their patient journey in many areas of the Division. However, there are likely to be some areas in the Division where the opportunity to discuss the advantages and disadvantages of future treatment options that facilitate the development of trust and mutual understanding may not be being taken.

To read the full audit report, click [Here](#)

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## NICE team attend NICE annual conference in Liverpool

NICE to sponsor  
new NHS  
vanguards

Kindness and trust  
are at the core of the  
NHS and social care

The 2015 NICE Annual Conference took place in Liverpool in October and the Division was represented by Pauline Adams, NICE Lead and Paul Radin, NICE Volunteer. The Ministerial address was given by the Welsh Minister for Health & Social Services and the Keynote address by the Chief Executive of Liverpool City Council. Both speeches focused on society's inequalities and the kindness and trust at the core of the NHS. There was much talk at the Conference on the role of Vanguards in delivering the 5 year forward plan.

### New NICE technology appraisal - NICE recommend Vortioxetine for treating depression

Vortioxetine is recommended as an option for treating major depressive episodes in adults whose condition has responded inadequately to 2 antidepressants within the current episode. For more information, click [HERE](#).

### Time to submit your NICE bid...

Bids are invited for this year's Divisional NICE money. £100,000 has been set aside for 2016/2017. Bids should demonstrate how the proposal will improve the Division's NICE compliance status and should outline the risks involved if these issues are not addressed. For further information contact Pauline Adams. Closing date is 5pm **Friday, 26 February, 2016.**

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## Guidance issued recently

- Care of dying adults in the last days of life NG December 2015 [Link](#)
- Tuberculosis NG January 2016 [Link](#)
- Type 2 diabetes in adults: management NG December 2015 [Link](#)
- Learning disabilities: challenging behaviour QS October 2015 [Link](#)
- Vitamin D: increasing supplement use in at-risk groups PH November 2014 [Link](#)
- Bipolar disorder, psychosis and schizophrenia in children and young people QS October 2015 [Link](#)
- Children's attachment: attachment in children and young people who are adopted from care, in care or at high risk of going into care NG November 2015 [Link](#)

## Guidance to be published shortly

- Transition from children's to adults' services SC February 2016 [Link](#)
- Attention deficit hyperactivity disorder (standing committee B update) CG February 2016 [Link](#)
- Domestic Violence and Abuse QS February 2016 [Link](#)
- Medicines optimisation [Link](#)

## Consultations

- Dementia - assessment, management and support for people living with dementia and their carers : Addendum consultation CG 08 February 2016 - 07 March 2016 [Link](#)
- Psychosis and schizophrenia in children and young people (standing committee update) : Addendum consultation CG 28 January 2016 - 25 February 2016 [Link](#)

# Next Local Services NICE Group meeting:

## Tuesday, 15th March, 2016

### 10:30am in

## The Boardroom, Duncan Macmillan House

### Guests welcome

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