

Drop the Dummy



Not ready to drop the dummy just yet?

Try and keep dummies for sleep time only

or

you can put your pledge to drop the dummy
on one of our pledge stars!

Please Remember

Never dip a dummy in anything,
especially sweet things

Never suck your baby's dummy to clean
it. Your mouth is full of germs



Some babies find dummies help them settle. From about 6 months they will start making lots of noises and a dummy may hinder them from doing this. Try and keep dummies for sleep times only from 6 months of age.

Long term use of a dummy can affect the growth of your children's teeth and interfere with their talking and listening skills.

The Challenge!

Leave your dummy for Santa on his washing line or on our tree for the reindeer babies and receive a special present!

Why give up my dummy?

- * It will encourage me to talk more
 - * It will help my speech development
- * It will reduce dribbling and sore chins
 - * It will help me to eat like you
- * It will reduce the likelihood of me getting ear infections

