

Horizon Day Assessment and Treatment Service

Information for Intellectual Disabilities Professionals
referring people for short-term assessment and treatment



positive
about integrated healthcare

About the Unit

The Horizon Day Assessment and Treatment Unit is at Highbury Hospital. It provides short-term assessment and treatment for people over 18 who have intellectual disabilities and complex needs that cannot be assessed or treated within mainstream or community health settings. These may include:

- Severely challenging behaviour, and / or
- Mental health problems, and / or
- Significant health needs that require specialist investigation.

The unit also provides individualised and longer term treatment packages for people with significant levels of need.

About the Team

The team consists of:

- Registered Learning Disability Nurses
- Health Care Assistants & Day Care Officers
- Consultant Psychiatrist
- Clinical Psychologist
- Speech & Language Therapist
- Speech & Language Assistant
- Physiotherapist
- Music Therapist

Individuals who attend the unit will be assessed by any of the above professionals, according to clinical need and the presenting difficulties.

During assessment and Treatment at Horizon, individuals may remain open to professionals within Community Learning Disability Teams or the Intensive Community Assessment and Treatment Team, again dependent on clinical need. This will be discussed and agreed during the admission meeting, and then reviewed through the course of assessment and treatment, as necessary.

Referrals

Referrals come from Community Learning Disability Teams and Intensive Community Assessment and Treatment Teams.

A referral form is available on request. If you are unsure whether the referral you want to make is appropriate, it is possible to discuss potential referrals in advance with the team.

People who are admitted to Horizon will:

- Be managed within a therapeutic environment that prioritises the safety and well-being of each individual
- Engage in meaningful activities
- Experience care that facilitates recovery and social inclusion
- Undergo specialist assessments of their mental health, cognitive abilities, mental capacity and where needed physical and functional abilities Receive a holistic and integrated formulation to understand the person and their problems.
- Receive specialised and wherever possible evidence-based therapies and treatments
- Have a 'Discovery Awareness' meeting—this is a method that uses video analysis to help those supporting an individual understand and develop the way they relate to them.
- Have recommendations made about how best to meet their ongoing needs, based on the specialist assessments.
- All of the above involves actively working alongside the person's family and/or community carers.

Likely length of admission will be discussed and agreed at the admission meeting.

Where relevant we co-ordinate with other specialist services to examine individual needs such as epilepsy, trauma, family dynamics or neurodevelopmental conditions.

This document is also available in other languages and formats upon request.

Su richiesta, questo documento è disponibile in altre lingue e in altri formati.

Sur demande, ce document peut être fourni en d'autres langues et formats.

Na życzenie, dokument ten można uzyskać w innych językach i formatach.

यह दस्तावेज़ अनुरोध किए जाने पर अन्य भाषाओं और प्रारूपों में उपलब्ध है।

ਇਹ ਦਸਤਾਵੇਜ਼ ਬੇਨਤੀ ਕੀਤੇ ਜਾਣ ਤੇ ਹੋਰ ਭਾਸ਼ਾਵਾਂ ਅਤੇ ਰੂਪਾਂ ਵਿੱਚ ਉਪਲਬਧ ਹੈ।

در صورت درخواست این سند به زبانها و شکلهای مختلف در اختیار شما قرار می گیرد.

یہ دستاویز دیگر زبانوں اور مطلوبہ شکلوں (فارمیٹ) میں بھی دستیاب ہے

هذه الوثيقة متاحة بلغات أخرى وباشكال غير الكتابة المقروءة وذلك عند الطلب

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