

## Programme: Recovery Demonstration Day 2017

See the challenges and possibilities of Recovery focused services in action...

**Date:** Thursday 21 September 2017  
**Time:** 10:00 - 16:30  
**Venue:** Nottinghamshire Healthcare NHS Foundation Trust, Porchester Road, Nottingham

Nottinghamshire Healthcare Trust and ImROC are delighted to host a 'Recovery Demonstration Day' to showcase ways in which Nottinghamshire Healthcare NHS Foundation Trust is endeavouring to facilitate Recovery across all of its services and to discuss the factors that both help and hinder this process

<b>09:30</b>	<b>Arrival and registration</b>
<b>10:00</b>	<p><b>Welcome</b>  <i>Julie Repper, ImROC Director, Recovery Lead for Nottinghamshire Healthcare NHS Foundation Trust</i></p>
<b>10:15</b>	<p><b>A strategic view from the Trust</b>  <i>Dr Dave Manley, Clinical Director, Specialist Services and Chair of Local Partnerships Recovery Steering Group, Nottinghamshire Healthcare NHS Foundation Trust</i>          The Clinical Director of Specialist Services will explain the role of Executive Leadership and the Board in enabling Recovery and ways in which Recovery supports the Trust Strategy</p>
<b>10:45</b>	<p><b>Our Recovery Strategy</b>  <i>Julie Repper, ImROC Director, Recovery Lead for Nottinghamshire Healthcare NHS Foundation Trust</i>          The Trust Recovery Lead will explain the focus and achievements driven by a clear strategy that is designed and owned by leaders distributed throughout the Trust</p>
<b>11:15</b>	<b>Questions and discussion</b>
<b>11:25</b>	Break
<b>11:50</b>	<p><b>The importance of coproduction</b>  <i>Emma Watson, Peer Support Development Lead, Nottinghamshire Healthcare NHS Foundation Trust</i>          Our peer support development lead will explain various ways in which we strive to ensure that everything we do is coproduced ... and what the challenges of this have been.</p>
<b>12:20</b>	<p><b>Recovery Education</b>  <i>Tracey Taylor, Operational Manager, Community and In-Patient Rehabilitation Services (Nottingham City), Adult Mental Health Services</i>          Our Recovery College models recovery, coproduction, self-management and innovation. With more than ten spokes supported by one central hub, the college continues to develop into specialist services and primary care. The Director of the Recovery College will describe its development and achievements.</p>

12:50	<p><b>Peer Support</b>  <i>Liz Walker, Trust Workforce Recovery Lead, Nottinghamshire Healthcare NHS Foundation Trust</i></p> <p>We have a large and growing team of peer workers who are employed in almost all parts of the service in various different roles. We will discuss the ways in which we are recruiting, supporting and developing peer workers – and once again we will discuss the challenges that we are encountering in this journey.</p>
13:10	<p><b>Questions and discussion</b></p>
13:20	<p>Lunch</p>
14:10	<p><b>Living Well in Rushcliffe social prescribing project</b>  <i>John Kemp, Health Development Officer, Rushcliffe Borough Council/NHS Rushcliffe CCG</i></p> <p>We know our thinking and practice advances through taking innovative approaches to working with local partners. Delivered through ImROC and commissioned by Rushcliffe CCG, we are working collaboratively to realise the ambitions of this social prescribing project. <i>Living Well in Rushcliffe</i> is a health and wellbeing project that brings together individuals and organisations within the community to strengthen relationships, share expertise and develop new ways of supporting local people to maximise their health and wellbeing. Hear the commissioner’s rationale for embarking on this exciting project and the benefits for the Ruschliffe community.</p>
14:40	<p><b>Learning and development</b>  <i>Tony Mitchell, Education Consultant (Recovery), Learning &amp; Development, Nottinghamshire Healthcare NHS Foundation Trust</i></p> <p>We want to offer people using services and family members opportunities available system-wide to learn about Recovery and practice recovery focused approaches. We have therefore developed a whole prospectus of courses, masterclasses, workshops and action learning sets that focus on various aspects of recovery. Our Learning Development Recovery Lead and peer educator will describe the development, delivery and take up of this offer.</p>
15:10	<p><b>Showcasing best practice</b></p> <p>We pride ourselves on the distributed leadership of recovery in our services and we would like you to meet some of our practitioners and peer workers who are developing innovative recovery approaches to change the experience of people using services. This will include:</p> <ul style="list-style-type: none"> <li>○ Recovery in a substance misuse inpatient unit (Donna Willacey)</li> <li>○ Carer peer support in dementia services (Mike Chappell)</li> <li>○ Working towards trauma informed care in women’s and men’s high secure hospital settings (Lawrence Jones &amp; Christine Milburn)</li> </ul>
15:55	<p><b>Closing remarks</b></p>
16:30	<p>Close</p>