

Black Carers Group

For family, friends and supporters

- Are you supporting someone with a mental illness?
- Do you want someone to talk to who knows what you are going through?

Why not come along to our group?

We are a friendly, welcoming group who would love to meet you.

Last Thursday of every month 1.00 – 3.00 PM

Maple Suite
Highbury Hospital
Highbury Road
Bulwell
Notts.
NG6 9DR

Meeting dates 2018

June	Thurs 27
July	Thurs 26
August	Thurs 30
September	Thurs 27
October	Thurs 25
November	Thurs 29



Guest speakers at some sessions.
Refreshments provided

For more information call Colleen Scott (Support Worker)
Tel. 0115 9560841 Mon – Thurs 9-5pm