**Core Offer of Children’s Centres for children under 5 and their families (July 2018)**

**Core Purpose:** Children’s Centre Services will contribute to the following outcomes:

- Children achieve a good level of development, are ready for school and are effectively supported to close the attainment gap
- Parents are job ready with increased aspiration for themselves and their children
- Improved health and emotional health and wellbeing of children and parents
- Early identification and prevention of risk of harm

### Children’s Centre Menu of Interventions for Under 5s and their families

- **Integrated working with:**
  - Healthy Family Teams
  - Family Nurse Partnership
  - Speech and Language Teams
  - Infant Feeding Leads

- **Links with and signposting to:**
  - Private, voluntary & independent sector organisations
  - Family Service / Social Care
  - Schools and nurseries
  - DWP, JCP, Credit Unions

- **Adult Learning Providers**
- Midwifery Services
- Library Services
- Food banks
- Community and Faith Groups
- Neighbourhood action groups

### Priority Groups:

- Parents and children under 5 who need Level 2 / Level 3 early support to give them the best life chances. These include:
  - Low income families with identified needs
  - Children of teenage parents / teenage parents: non FNP (under 20)
  - Families identified as having mild/moderate mental health issues
  - Children with English as an additional language
  - 2,3 and 4 year olds not accessing their minimum childcare entitlement
  - Unemployed/single parents
  - Unemployed parents living in rural areas
  - Children under 5 with speech, language and communication needs.
  - BME groups where there is a need
  - Parents of children with SEND who do not meet thresholds for specialist services
  - CPP, CIN and LAC

### Time limited 1:1 Family Support (P2P L2 & L3):

- Boundaries and behaviour
- Family routine
- Meeting emotional needs of child
- Keeping child safe
- Physical health
- Progress to work
- Home and money
- Social networks
- Parental wellbeing and conflict
- Family Support Appt. Sessions

### Improving Health and Emotional Health and Well-being:

- BABES Breastfeeding groups
- Baby Café: infant weaning group
- Family and Food
- Baby Massage
- Holiday Hub Cook and Eat Programme
- Perinatal support (Footsteps / PHEW groups)

### Closing the Attainment Gap and School Readiness:

- Forest Schools
- Home Talk
- SLT 1:1
- Let’s Play
- Little Talkers
- ELKLAN
- Now I Am Two Group
- Contact for non accessing 2,3 and 4 year olds
- Little Learners Crèche
- NCFP 2 Year Provision

### Work Ready

- Volunteering
- Opening Doors to Employment Course
- Opening Doors with Confidence Course

### Parenting Progs

- Incredible Years
- Sleep Tight
- 1 2 3 Magic
- Solihull Group
- Being a Parent (EPEC)

### Links with and signposting to:

- Private, voluntary & independent sector organisations
- Family Service / Social Care
- Schools and nurseries
- DWP, JCP, Credit Unions

### Family Service Support and Interventions where safeguarding is a concern:

(P2P Level 4 – working with Social Care to support children under 5 years in need of specialist support, protection and/or children in care)